

Local Events Guide

September 2019



It is always advisable to check with the venue before starting your journey.

☎ 01208 76616. Large print version available – Please ask

September Events

(if you would like a large print version, please don't hesitate to ask us)

Date	Details
Sun 1st	<p>Bodmin Junior Parkrun PL31 2NE. Hillside Park Road, Scarlett's Well Road. For more information please call Sarah ☎ 07926 194643 or Colin on ☎ 07890 888850. www.parkrun.org.uk/bodmin.juniors/ please sign-up and print off your barcode for a free time result.</p> <p>Bodmin Car Boot PL31 2DQ. Priory car park. From 7.30am. Proceeds to Bodmin Youth Football Club.</p> <p>Bodmin & Wenford Railway – Steam and Cream Trains PL31 1AG. Indulge in a traditional Cornish Cream Tea served in First Class on the Cornish Belle whilst the countryside slips gently by. Tickets Adults £19.50/Child £10. For enquiries and tickets contact enquiries@bodminrailway.co.uk or ☎ 01208 73555.</p> <p>Craft Fair in Lanivet PL30 5HH. Monthly Craft Fair located in the One For All Lanivet Parish Community Centre. A wonderful variety of handcrafted items for sale along with free parking and refreshments. 10am – 3pm. For more info email: janiceGsews@gmail.com</p>
Mon 2nd	<p>Shire Hall Gallery Exhibition with Liz Newbery- 6th September PL31 2DQ. Shire Hall, Mount Folly, Bodmin. Mon - Fri 08:45 – 5:00pm. Free admission.</p> <p>Guided Walks around Historic Lostwithiel PL22 0HA. Meet at Lostwithiel Community Centre at 11am, tour lasts for approx 1½ hours. £3.50. Weather permitting. Call ☎ 01208 873341 for more details.</p> <p>Stroll Back the Years - Dunmere and The Jail. PL31 2RS. Start: 10:00am, Level: 3. Free parking at Scarlett's Well near Bodmin Jail. Grid Ref: 062674. For more info ☎ 01208 73128.</p>
Tues 3rd	<p>Bodmin Age Concern PL31 2DQ Shire House Suite, Bodmin. Every Tuesday from 10am. Come and meet up with friends, have a chat, lunch, games, puzzles. Transport is available upon request. New members welcome. Please ☎ 01208 74609 for more info.</p> <p>Bereavement Support Group PL31 1EG. The Keep, Cornwall's Regimental Museum. 5.30pm – 7pm Staff and Volunteers from Cornwall Hospice Care will be available to offer advice and support where you can meet with others in a similar situation.</p> <p>Murder Mystery Train at Bodmin & Wenford Railway PL31 1AG. Join in on solving a murder mystery whilst enjoying a pasty tea, travelling through Cornish countryside. Every Tuesday evening at 7pm. Booking is essential. ☎ 01208 73555 or visit www.bodminrailway.co.uk for more information.</p>
Wed 4th	<p>Bodmin Women's Running Club Meeting at various locations throughout Bodmin at 6pm. Can be contacted via their website www.bodminwomensrunningclub.co.uk</p>

	<p>Fitness Classes – Kernow Yogalates PL30 5AE. Kernow Yogalates Studios, Trebyan, Lanhydrock. Regular fitness class followed by a yoga session. Fitness classes available – HIIT at 7pm followed by Yoga:chill @ 8pm. Booking is essential. For more info call Alex on ☎ 0797322173 or email alexfitinfo@gmail.com</p> <p>Bodmin Gaolbirds WI PL30 4AW. Bodmin Rugby Club, Clifden Park, Bodmin. Committee Meeting.</p> <p>Bodmin and Wenford Railway –Cornish High Tea Train at 3.45pm PL31 1AG. Indulge in a traditional Cornish High Tea served in First Class on the Cornish Belle whilst the countryside slips gently by. For enquiries and tickets contact enquiries@bodminrailway.co.uk or ☎ 01208 73555.</p> <p>The Secret Garden - Sterts Theatre PL14 5AZ. Chapter House Theatre Company. Adults £14/Child£8. Tickets and information from Sterts Theatre (01579) 362382 or www.sterts.co.uk Gates open at 6.30pm.</p> <p>Walking for Health – Bodmin Leisure Centre PL31 1DE. Social walking group. Meet at Bodmin Leisure Centre at 10am. Enjoy a social, low level walk. Health walks are free and there is no need to book, just turn up and ask at reception.</p>
<p>Thurs 5th</p>	<p>Scary Cinema Night @ Bodmin Jail – The Exorcist PL31 2NR. Berrycoombe Road, Bodmin. Thursday nights throughout the year, watch a scary movie within the atmospheric surroundings of Bodmin Jail; before taking a tour into the depths of the Jail with our Resident Medium. Film starts at 9:00pm, tickets are £20, over 18's only. www.bodminjail.org</p> <p>Narwhal Ensemble present 2021: A Cornish Space Odyssey at The Old Library PL31 1JX. intoBodmin, 10 Lower Bore Street, Bodmin. Tickets £10/ (£8). The Narwhal Ensemble are a company of eight emerging artists devising musical, irreverent, and quirky theatre inspired by life in the South West. Tickets and for more information visit www.intobodmin.co.uk or ☎ 01208 72427</p> <p>And Then There Were None – by Agatha Christie at Sterts Theatre -6th PL14 5AZ. This amateur production is presented by special arrangement with Samuel French Ltd. For more details contact ☎ 01579 362382 or www.sterts.co.uk This theatre has a canopy but is an outdoor experience and can get quite chilly, please bring a cushion and maybe a blanket.</p> <p>Country Market in Wadebridge Town Hall PL27 7AQ. 8.45am-12.30pm. Local produce, plants, arts & crafts. For further info ☎ 01208 832398.</p> <p>North Coast Harmony – Practice evenings Do you love to sing, do you want to learn to sing? We are an all-female contemporary vocal group, and we're looking for women (over 16) to come and join us. At BCA Building</p>

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	<p>81a Fore Street, Bodmin. Get in touch ☎07814992820 or see our website for details www.northcoastharmony.co.uk or info@northcoastharmony.co.uk</p>
Fri 6th	<p>Bodmin Lions Bingo PL31 2DQ. Shire House Suite, Bodmin, Starts at 7:30pm. For more details call ☎ 01208 73001.</p> <p>Yoga:Strong – Kernow Yogalates PL30 5AE. Kernow Yogalates Studios, Trebyan, Lanhydrock. Yoga session starting at 7pm until 8.15pm. Booking is essential. For more information and to book please ☎ Alex on 0797322173 or email alexfitinfo@gmail.com</p> <p>An evening with Johnny Cowling and Acappella Sound at Wadebridge Town Hall PL27 7AQ. Starts 7.30pm (Doors open 6.30pm) Bar, raffle, pasty supper. Tickets £12.50 available from edna-john@talktalk.net or jullarny@gmail.com or ☎07737760545.Or Crazy Cards at Polmorla Road, Wadebridge. In aid of the RNLI.</p> <p>Bodmin Folk Club – Brian Peters PL31 2JX Brian is one of English folk scene's great all-rounders and a compelling singer, a first-rate squeezebox and a skilled guitarist. Members £8 Non-members £9.50.</p>
Sat 7th	<p>Lanhydrock Car Boot PL30 4AW. Turfdown Roundabout, Bodmin. Gates open for sellers from 8am and buyers will be allowed into sellers' area from 10am. For more information please visit www.lanhydrockcarboot.com</p> <p>Lanhydrock Parkrun PL30 5AD. Free timed 5k run, walk, jog every Saturday at 9am. Just register with parkrun first at www.parkrun.org.uk/register. Print off your barcode, turn up and take part!</p> <p>Eden Project Parkrun PL24 2SG. Bodelva, Par. Starts at 9am. Free Entry. The Eden project parkrun is a free weekly, 5K timed run through their Outdoor Gardens. For more info please visit www.edenproject.com/visit/whats-on</p> <p>Lanlivery Vintage Rally 7th- 8th PL30 5AR.Nomansland Nr Sweetshouse. Large entry of vintage vehicles, tractors, classic cars, motorbikes and pushbikes, commercials and steam engines, horse and dog shows, animal exhibits, demonstrations, pet corner, wild west show, craft tent, trade and charity stands, fairground, clay pigeon shooting, archery, beer and tea tent, food, car boot sale and much more.</p> <p>Lostwithiel Antiques and Collectors Market PL22 0HE. Lostwithiel Scout Hunt, 10.00am to 1pm. For more information call Jill ☎ 01503 240768.</p>

	<p>Last Night of the Proms at Sterts Theatre PL14 5AZ. Wave your flags, laugh, cry, sing your heart out, whistle, clap, stamp your feet and let your hair down. Be eccentric, be British! For tickets and more information ☎ 01579 362382 or www.sterts.co.uk</p>
Sun 8th	<p>Bodmin Car Boot PL31 2DQ. Priory car park. From 7.30am. Proceeds to Bodmin Youth Football Club.</p> <p>Bodmin Junior Parkrun PL31 2NE. Hillside Park Road, Scarlett's Well Road. For more information please call Sarah ☎ 07926 194643 or Colin on ☎ 07890 888850. www.parkrun.org.uk/bodmin.juniors/ please sign-up and print off your barcode for a free time result.</p> <p>Craft Fair at Lanhydrock Memorial Hall PL30 5AE. Trebyan, Nr Lanhydrock, Bodmin. Monthly Craft Fair with a wonderful variety of handcrafted items for sale along with free parking and refreshments. 10:00am-3:00pm. For more information email janiceGsews@gmail.com</p>
Mon 9th	<p>Guided Walks around Historic Lostwithiel PL22 0HA. Meet at Lostwithiel Community Centre at 11am, tour lasts for approx 1½ hours. £3.50. Weather permitting. Call ☎ 01208 873341 for more details.</p> <p>Stroll Back the Years PL14 6ER. Siblyback Lake. Start: 10:30 am, Level: 1 Meet in car park, £2 charge Grid Ref: 237707. For more info ☎ 01208 73128.</p> <p>Bodmin and District Camera Club PL31 2HR. Methodist Church, Fore Street. Meet fortnightly at 7.15pm for 7:30pm start. All abilities. ☎ 01208 831285 or 01208 821850.</p> <p>Bodmin Dementia Friendly Walking Group PL22 0BS. Lostwithiel riverside walk. Meet in carpark by play park and entrance to nature reserve, very end of Quay street – under bridge. 10.30am – 12.30pm. For more details ☎ 01726 222900 or email creativespaces@sensorytrust.org.uk</p> <p>The Bodmin Way Free Guided Walks PL31 2DT. Starts from St Petroc's Church, Bodmin to St. Stephen's church, Nanstallon. A 4/5mile round trip with a stop at the tea garden. 1pm - 4pm. Weather permitting. Everyone welcome, including dogs on a lead. For more information contact infor@bodminway.org and visit our website www.bodminway.org</p> <p>Crochet & Knitting Friendship Group PL31 St Petroc's Parish Centre, Bodmin. 2pm – 4pm. A new group for anyone interested in meeting together to crochet/knit. There are many projects you can join in with. Beginners/intermediate or advanced everyone's welcome. For more info please email barbarabrittain212@gmail.com</p>

This events list has been compiled by Bodmin Information Centre, Tourism Award winners since 2002 and current Gold Winners at the Cornwall Tourism Awards 2018-19

September Events

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	<p>Lost in Film – ‘Can you ever forgive me’ (15) PL22 0EQ. Church Rooms, Lostwithiel. First film of the season, a biographical film based on a true story of the confessional memoir by Lee Israel, a failing writer who turned her art form to deception. Starts 8pm – 10pm. Tickets £4 for adults, £2 for under 18's available online from www.lostwithiel.org.uk or from Watts Trading at Lostwithiel, or on the door if not already sold out.</p>
<p>Tue 10th</p>	<p>Bodmin Age Concern PL31 2DQ Shire House Suite, Bodmin. Every Tuesday from 10am. Come and meet up with friends, have a chat, lunch, games, puzzles. Transport is available upon request. New members welcome. Please ☎ 01208 74609 for more info.</p> <p>Murder Mystery Train PL31 1AG. Bodmin & Wenford Railway. Join in on solving a murder mystery whilst enjoying a pasty tea, travelling through Cornish countryside. Every Tuesday evening at 7pm. Booking is essential. ☎ 01208 73555 or visit www.bodminrailway.co.uk for more information.</p> <p>Bodmin Local History Group PL31 1DY Scout Hut, Castle Canyke, Bodmin. Talk: Bodmin Moor, Myths & Legends by Mark Camp. Meetings start at 7:30 pm, guests are welcome. for more details contact Ken ☎ 01208 72990.</p>
<p>Wed 11th</p>	<p>Bodmin Women's Running Club Meeting at various locations throughout Bodmin at 6pm. Can be contacted via their website www.bodminwomensrunningclub.co.uk</p> <p>Walking for Health – Bodmin Leisure Centre PL31 1DE. Social walking group. Meet at Bodmin Leisure Centre at 10am. Enjoy a social, low level walk. Health walks are free and there is no need to book, just turn up and ask at reception.</p> <p>Fitness Classes – Kernow Yogalates PL30 5AE. Kernow Yogalates Studios, Trebyan, Lanhydrock. Regular fitness class followed by a yoga session. Fitness classes available – HIIT at 7pm followed by Yoga:chill @ 8pm. Booking is essential. For more info call Alex on ☎ 0797322173 or email alexfitinfo@gmail.com</p> <p>Bodmin Gaolbirds WI PL30 4AW. Bodmin Rugby Club, Clifden Park, Bodmin. Harvest Supper speaker Giels Spiering discusses the making of Cornish Gouda Cheese.</p> <p>Bodmin Old Cornwall Society PL31 2DQ Bodmin Football Club. Meetings start at 7.30pm. This month's talk: Hester Parnell "The Dragon Lady", daughter of the founder of the St Austell Brewery, by Chris Knight. Contact the President ☎ 07833222161 for more information.</p>

<p>Thurs 12th</p>	<p>Scary Cinema Night @ Bodmin Jail – Lights Out PL31 2NR. Berrycoombe Road, Bodmin Thursday nights throughout the year, watch a scary movie within the atmospheric surroundings of Bodmin Jail; before taking a tour into the depths of the Jail with our Resident Medium. Film starts at 9:00pm, tickets are £20, over 18's only. www.bodminjail.org</p> <p>Lanhydrock Seed and Sow PL30 4AD. Lanhydrock House Collect some seeds from our fantastic herbaceous borders and the sow them at our plant nursery. Start 10.30 – 12.00</p> <p>North Coast Harmony Practice evenings Do you love to sing, do you want to learn to sing? We are an all-female contemporary vocal group, and we're looking for women (over 16) to come and join us. At BCA Building 81a Fore Street, Bodmin. Get in touch ☎07814992820 or see the website for details www.northcoastharmony.co.uk or info@northcoastharmony.co.uk</p> <p>Clare's Big Scoop – Sterts Theatre PL14 5AZ. A young intrepid journalist in 1939 crosses Poland into Germany and sees something that changes her life and history forever. For tickets and more information ☎01579 362382 or www.sterts.co.uk</p> <p>Country Market in Wadebridge Town Hall PL27 7AQ. 8.45am-12.30pm. Local produce, plants, arts & crafts. For further info ☎01208 832398.</p> <p>Strictly Dancing 2019 – Lostwithiel Community Centre PL22 0BZ Every Thursday 1-2pm. Dancing that's strictly for beginners. £5 per class, have fun and meet new friends whilst learning the basics of Ballroom and Latin American – you don't even need a partner! Book now with Jenny ☎07764308910 or email jenny.cleverley@hotmail.com</p>
<p>Fri 13th</p>	<p>Bodmin Lions Bingo PL31 2DQ. Shire House Suite, Bodmin, Starts at 7:30pm. For more details call ☎01208 73001.</p> <p>Bodmin Folk Club PL31 2JX. The Old Library, Lower Bore Street, Bodmin. Charity Night. Members £3.00 Non-Members £3.50. Start 8:15 pm. For more information www.bodminfolk.co.uk</p> <p>Yoga:Strong – Kernow Yogalates PL30 5AE. Kernow Yogalates Studios, Trebyan, Lanhydrock. Yoga session starting at 7pm until 8.15pm. Booking is essential. For more information and to book please ☎ Alex on 0797322173 or email alexfitinfo@gmail.com</p> <p>Bodmin & Wenford Railway – Steam and Cream Trains PL31 1AG Indulge in a traditional Cornish Cream Tea served in First Class on the Cornish Belle whilst the countryside slips gently by. Tickets Adults £19.50/Child £10. For enquiries and tickets contact enquiries@bodminrailway.co.uk or ☎01208 73555.</p>

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	<p>After Dark @ Bodmin Jail 9pm – 5am 13th and 14th PL31 2NR. Berrycoombe Road, Bodmin. After enjoying a three-course evening meal in the Governors Hall restaurant, you will explore the spooky depths of the Jail after dark in the company of our Resident Medium. Lock-in until 5am. Just £80pp. No concessions. Limited to 30 persons for details. Booking is essential ☎ 01208 76292 or visit www.bodminjail.org</p>
Sat 14th	<p>Lanhydrock Car Boot PL30 4AW. Turf down Roundabout, Bodmin. Gates open for sellers from 8am and buyers will be allowed into the sellers' area from 10am. For more information please visit www.lanhydrockcarboot.com</p> <p>Lanhydrock Parkrun PL30 5AD. Free timed 5k run, walk, jog every Saturday at 9am. Just register with parkrun first at www.parkrun.org.uk/register. Print off your barcode, turn up and take part!</p> <p>Eden Project Parkrun PL24 2SG. Bodelva, Par. Starts at 9am. Free Entry. The Eden project parkrun is a free weekly, 5K timed run through their Outdoor Gardens. For more info please visit www.edenproject.com/visit/whats-on</p> <p>Bodmin & Wenford Railway – Gala and Diesel Days 14th -15th PL31 1AG. In addition to regular Diesel Days, the 2019 Gala is a must-visit. Intensive timetables to clock up the miles and plenty of thrash! For enquiries and tickets contact enquiries@bodminrailway.co.uk or ☎ 01208 73555.</p> <p>'Blowing my own trumpet' at The Old Library PL31 1JX. intoBodmin at The Old Library, 10 Lower Bore Street, Bodmin. Tickets £8 A unique fusion of cross-genre styles will take you on a journey through jazz, folk and world music sounds and stories from Africa and beyond. Tickets and for more information visit www.intobodmin.co.uk or ☎ 01208 72427 Mon to Fri 10am-4pm. The Box office will also be open 45 minutes before an event begins.</p> <p>St Petroc's Church Barn Dance PL31 2DT. Priory Road Bodmin. Starts 7.30pm Come and join in the fun and if you can bring your dancing shows, live music with the Mood Swing. For tickets and more information go to Box Office under Events at www.bodminchurch.com</p> <p>Best Western Fowey Valley Hotel, Lostwithiel – Coffee Morning PL22 ODD. Come and support Macmillan Nurses and enjoy coffee, teas and cakes from 11.30am -1.30pm. All welcome.</p> <p>Jamaica Inn – Fun Dog Show PL15 7TS. We are hosting a charity Fun Dog Show here at the Inn's overflow car park from 12 to 3.30pm for South West German Shepherd Dog Rescue. All dogs welcome - not just German Shepherds Class fees £1.50 payable ringside, rosettes for 1st - 4th place. For details visit www.jamicainn.co.uk</p>

	<p>Eden Arts Festival: Family Weekend – 15th PL24 2SG. Bodelva, Par. A fun-packed weekend of storytelling, performances, music and crafts. The full line-up is yet to be announced. For more info visit www.edenproject.com</p>
Sun 15th	<p>Mega Book Sale at Pencarrow – 19th PL30 3AG, Washaway, Bodmin. The Friends of Pencarrow will once again be hosting their ever-popular book sale in the Peacock Cafe and it gets bigger every year! Come and grab yourself a bargain book. Open Sundays to Thursdays 10.00 – 4.00pm (closed Fridays & Saturdays).</p>
Mon 16th	<p>Guided Walks around Historic Lostwithiel PL22 0HA. Meet at Lostwithiel community centre at 11am, tour lasts for approx 1½ hours. £3.50. Weather permitting. Call ☎ 01208 873341 for more details.</p> <p>Stroll Back the Years PL26 6DJ. Pentewan Start: 10:30am, Level: 1. Parking 1 mile on left after Kingswood Restaurant, Pentewan Road B3273. For more info ☎ 01208 73128.</p> <p>The Bodmin Way Free Guided Walks PL31 2DT. Starts from St Petroc’s Church, Bodmin to St. Stephen’s church, Nanstallon. A 4/5mile round trip with a stop at the tea garden. 1pm - 4pm. Weather permitting. Everyone welcome, including dogs on a lead. For more information contact infor@bodminway.org and visit our website www.bodminway.org</p> <p>Crochet & Knitting Friendship Group PL31 St Petroc’s Parish Centre, Bodmin. 2pm – 4pm. A new group for anyone interested in meeting together to crochet/knit. There are many projects you can join in with. Beginners/intermediate or advanced everyone’s welcome. For more info please email barbarabrittain212@gmail.com</p>
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Thurs 19th	<p>Scary Cinema Night at Bodmin Jail – Thirteen Ghosts PL31 2NR. Berrycoombe Road, Bodmin Thursday nights throughout the year, watch a scary movie within the atmospheric surroundings of Bodmin Jail; before taking a tour into the depths of the Jail with our Resident Medium. Film starts at 9:00pm, tickets are £20, over 18's only. www.bodminjail.org</p> <p>Philip Robinson performs Title and deed at The Old Library by Wil Eno PL31 1JX. intoBodmin at The Old Library, 10 Lower Bore Street, Bodmin. Tickets £10/ (£8). An astonishing piece of contemporary drama: a funny and sad monologue on mortality, innocence, home, family, love, funerals, the origin of words, a tuba and the world. Tickets and for more information visit www.intobodmin.co.uk or ☎ 01208 72427</p> <p>North Coast Harmony Practice evenings Do you love to sing, do you want to learn to sing? We are an all-female contemporary vocal group, and we're looking for women (over 16) to come and join us. At BCA Building 81a Fore Street, Bodmin. Get in touch ☎07814992820. Or see our website for details contact www.northcoastharmony.co.uk or info@northcoastharmony.co.uk</p> <p>Country Market in Wadebridge Town Hall PL27 7AQ. 8.45am-12.30pm. Local produce, plants, arts & crafts. For further info ☎ 01208 832398</p> <p>Strictly Dancing 2019 – Lostwithiel Community Centre PL22 0BZ Every Thursday 1-2pm. Dancing that's strictly for beginners. £5 per class, have fun and meet new friends whilst learning the basics of Ballroom and Latin American – you don't even need a partner! Book now with Jenny ☎ 07764308910 or email jenny.cleverley@hotmail.com</p>
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Sat 21st	<p>Lanhydrock Car Boot PL30 4AW. Turf Down Roundabout, Bodmin. Gates open for sellers from 8am and buyers will be allowed into the seller area from 10am. For more information please visit www.lanhydrockcarboot.com</p> <p>Lanhydrock Parkrun PL30 5AD. Free timed 5k run, walk, jog every Saturday at 9am. Just register with parkrun first at www.parkrun.org.uk/register. Print off your barcode, turn up and take part!</p>

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	<p>Eden Project Parkrun PL24 2SG. Bodelva, Par. Starts at 9am. Free Entry. The Eden project parkrun is a free weekly, 5K timed run through their Outdoor Gardens. For more info please visit www.edenproject.com/visit/whats-on</p> <p>Bodmin Farmers Market PL30 5JU. Bodmin Plant Nursery, Laveddon Mill, PL30 5JU. 10am – 2pm. Lots of locally produced food and more. For more info: ☎ 01208 72837.</p> <p>Bodmin & Wenford Railway Behind the Scenes Day PL31 1AG. Take a behind the scenes peek at the parts of the Railway the general public don't usually get to see for the Heritage Open Day.</p> <p>Bodmin Hospital Annual Fete - PL31 2QT. Old Rose Gardens, St Lawrence's Hospital. Starts at 2pm opened by author Jill Murphy. Lots to see & do - bouncy castle, donkeys to groom and Family Dog Show, usual stalls, refreshments, cream teas, burger stall. More details to follow, keep a look out in the local paper and websites.</p> <p>Lewis and Dave – at The Old Library PL31 1JX. intoBodmin at The Old Library, 10 Lower Bore Street, Bodmin. An energetic, soulful and acrobatic musical show with ludicrously catchy hooks, which must be seen to be believed. Starts 7.30pm. Tickets £8 for more information visit www.intobodmin.co.uk or ☎ 01208 72427</p> <p>Eden Arts Festival: Arts and nature weekend – 22nd PL24 2SG. Bodelva, Par. A family-friendly weekend packed full of music, featuring the <u>Orchestra for the Earth</u>. There will also be workshops throughout the day to make your own percussion instruments and join in the music-making! For more info – www.edenproject.com</p> <p>Lanhydrock 10 2019 Run PL30 4AB Starts 15.30 – 18.00. Take in the beautiful views at Lanhydrock on this 10mile multi-terrain run through the estate. After the race you can relax in the Park Café, which will be open until 6.30pm. This is Race 3 of the 2019/20MTRS. For more information visit www.nationaltrust.org.uk/lanhydrock</p>
<p>Sun 22nd</p>	<p>Bodmin Car Boot PL31 2DQ. Priory car park. From 7.30am. Proceeds to Bodmin Youth Football Club.</p> <p>Bodmin junior parkrun PL31 2NE. Hillside Park Road, Scarlett's Well Road. For more information please call Sarah ☎ 07926 194643 or Colin on ☎ 07890 888850. www.parkrun.org.uk/bodmin.juniors/ please sign-up and print off your barcode for a free time result.</p>
<p>Mon 23rd</p>	<p>Guided Walks around Historic Lostwithiel PL22 0HA. Meet at Lostwithiel community Centre at 11am, tour lasts for approx 1½ hours. £3.50. Weather permitting. Call ☎ 01208 873341 for more details.</p>

	<p>Stroll Back the Years PL30 4AL. Cardinham Woods. Start: 10:00am Level: 2. £2 car parking at Cardinham Woods. Grid Ref: 099665 For more info ☎ 01208 73128.</p> <p>Bodmin and District Camera Club PL31 2HR. Methodist Church, Fore Street. Meet fortnightly at 7.15pm for 7:30pm start. All abilities. ☎ 01208 831285 or 01208 821850.</p> <p>Bodmin Dementia-friendly Walking Group PL30 4AB. Lanhydrock. Meet in the main car park. For more detail ☎ 01726 222900 or email: creativespaces@sensorytrust.org.uk</p> <p>The Bodmin Way Free Guided Walks PL31 2DT. Starts from St Petroc's Church, Bodmin to St. Stephen's church, Nanstallon. A 4/5mile round trip with a stop at the tea garden. 1pm - 4pm. Weather permitting. Everyone welcome, including dogs on a lead. For more information contact infor@bodminway.org and visit our website www.bodminway.org</p> <p>Crochet & Knitting Friendship Group PL31 St Petroc's Parish Centre, Bodmin. 2pm – 4pm. A new group for anyone interested in meeting together to crochet/knit. There are many projects you can join in with. Beginners/intermediate or advanced everyone's welcome. For more info please email barbarabrittain212@gmail.com</p>
<p>Tues 24th</p>	<p>Bodmin Age Concern PL31 2DQ Shire House Suite, Bodmin. Every Tuesday from 10am. Come and meet up with friends, have a chat, lunch, games, puzzles. Transport is available upon request. New members welcome. Please ☎ 01208 74609 for more info.</p> <p>Murder Mystery Train PL31 1AG. Bodmin & Wenford Railway. Join in on solving a murder mystery whilst enjoying a pasty tea, travelling through Cornish countryside. Every Tuesday evening at 7pm. Booking is essential. ☎ 01208 73555 or visit www.bodminrailway.co.uk for more information.</p>
<p>Wed 25th</p>	<p>Bodmin Women's Running Club Meeting at various locations throughout Bodmin at 6pm. Can be contacted via their website www.bodminwomensrunningclub.co.uk</p> <p>Fitness Classes – Kernow Yogalates PL30 5AE. Kernow Yogalates Studios, Trebyan, Lanhydrock. Regular fitness class followed by a yoga session. Fitness classes available – HIIT at 7pm followed by Yoga chill @ 8pm. Booking is essential. For more information and to book please call Alex on ☎ 0797322173 or email alexfitinfo@gmail.com</p> <p>Waterside, Lanivet PL30 5JJ. 5k and 10k family fun run here at Waterside Cornwall with purple Geko events we have a Barbeque and drinks available to buy starting from 5.30pm. Tickets can be brought for the run from purplegekoevents.co.uk</p>

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	<p>Bodmin Gaolbirds WI PL30 4AW. Bodmin Rugby Club, Clifden Park, Bodmin. Craft Club – Polymer Clay jewellery.</p> <p>Scottish Country Dance Evenings PL31 1LU, St Mary's Parish Centre, St Mary's Road, Bodmin. Every Wednesday at 7:30pm – 10pm. No dancing experience required. Have some fun, as well as exercise with a friendly group. £2.00 per evening, tea/coffee/ biscuits included. For further information ☎ 01208 77598.</p> <p>Bodmin and Wenford Railway –Cornish High Tea Train at 3.45pm PL31 1AG. Indulge in a traditional Cornish High Tea served in First Class on the Cornish Belle whilst the countryside slips gently by. For enquiries and tickets contact enquiries@bodminrailway.co.uk or ☎ 01208 73555.</p> <p>Walking for Health – Bodmin Leisure Centre PL31 1DE. Social walking group. Meet at Bodmin Leisure Centre at 10am. Enjoy a social, low level walk. Health walks are free and there is no need to book, just turn up and ask at reception.</p>
Thurs 26th	<p>Scary Cinema Night at Bodmin Jail – Dead Silence PL31 2NR. Berrycoombe Road, Bodmin. Thursday nights throughout the year, watch a scary movie within the atmospheric surroundings of Bodmin Jail; before taking a tour into the depths of the Jail with our Resident Medium. Film starts at 9:00pm, tickets are £20, over 18's only. www.bodminjail.org</p> <p>North Coast Harmony Practice evenings Do you love to sing, do you want to learn to sing? We are an all-female contemporary vocal group, and we're looking for women (over 16) to come and join us. At BCA Building 81a Fore Street, Bodmin. Get in touch ☎07814992820 or see our website for details www.northcoastharmony.co.uk or info@northcoastharmony.co.uk</p> <p>Country Market in Wadebridge Town Hall PL27 7AQ. 8.45am-12.30pm. Local produce, plants, arts & crafts. For further info ☎ 01208 832398</p> <p>Strictly Dancing 2019 – Lostwithiel Community Centre PL22 0BZ Every Thursday 1-2pm. Dancing that's strictly for beginners. £5 per class, have fun and meet new friends whilst learning the basics of Ballroom and Latin American – you don't even need a partner! Book now with Jenny ☎ 07764308910 or email jenny.cleverley@hotmail.com</p> <p>Bodmin in Motion Film Club at the Old Library PL31 1JX. A film club with a twist, showing unusual screenings in unusual places, supported by C Fylm. See www.intobodmin.co.uk for details of upcoming screenings and membership. All screenings begin at 7.30pm. Membership £6 plus first screening free, or existing members £4 per screening. New members are welcome to sign up on the night.</p>

<p>Fri 27th</p>	<p>Bodmin Lions Bingo PL31 2DQ. Shire House Suite, Bodmin, Starts at 7:30pm. For more details call ☎ 01208 73001.</p> <p>Bodmin Folk Club PL31 2JX. The Old Library, Lower Bore Street, Bodmin, welcome Damien Barber & Mike Wilson. Members £8.50 Non-Members £10.00. Start 8:15 pm. For more information www.bodminfolk.co.uk</p> <p>Yoga:Strong – Kernow Yogalates PL30 5AE. Kernow Yogalates Studios, Trebyan, Lanhydrock. Yoga session starting at 7pm until 8.15pm. Booking is essential. For more information and to book please ☎ Alex on 0797322173 or email alexfitinfo@gmail.com</p> <p>Prize Bingo - Lanhydrock War Memorial Hall PL30 5AE. Lanhydrock War Memorial Hall. Eyes down 7,30pm. Come and join us for a fun evening, families welcome. For more details contact Kay ☎ 01208 872671</p> <p>Jamaica Inn Murder, Mystery Evening PL15 7TS.A theme evening with a team of professional actors in the perfect setting for a dramatic evening of mysterious murder whilst enjoying a three-course meal. Tickets £35 per person. Booking essential. For more details and bookings ☎ 01566 86250</p> <p>Truro Food Festival – 29th Sept. Sponsored by St. Austell Brewery. TR1. The city-wide celebration of Cornish food and drink will be centered around Lemon Quay with pop-up events and activities taking place across the city. www.trurofoodfestival.com</p> <p>After Dark at Bodmin Jail 9pm – 5am. 27th and 28th PL31 2NR. Berrycoombe Road, Bodmin. After enjoying a 3 -course evening meal in the Governors Hall restaurant, you will explore the spooky depths of the Jail after dark in the company of our Resident Medium. Lock-in until 5am. Just £80pp. No concessions. Limited to 30 persons. Booking is essential ☎ 01208 76292 or visit www.bodminjail.org</p>
<p>Sat 28th</p>	<p>Lanhydrock Car Boot PL30 4AW. Turf Down Roundabout, Bodmin. Gates open for sellers from 8am and buyers will be allowed into the sellers’ area from 10am. For more information please visit www.lanhydrockcarboot.com</p> <p>Lanhydrock Parkrun PL30 5AD. Free timed 5k run, walk, jog every Saturday at 9am. Just register with parkrun first at www.parkrun.org.uk/register. Print off your barcode, turn up and take part!</p> <p>Eden Project Parkrun PL24 2SG. Bodelva, Par. Starts at 9am. Free Entry. The Eden project parkrun is a free weekly, 5K timed run through their Outdoor Gardens. For more info please visit www.edenproject.com/visit/whats-on</p> <p>Bodmin and Wenford Railway – The Gruffalo – 29th</p>

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	<p>PL31 1AG. Bring the family and join us for an entertaining visit from The Gruffalo! He will be making personal appearances at intervals on each day of the weekend.</p> <p>Chris White presents Moist, Moist, Moist at the Old Library PL31 1JX. The Old Library, 10 Lower Bore Street, Bodmin. Moist, Moist, Moist is a spoken word show from one of the UK's wettest submerging artists. Starts 7.30pm. Tickets £10/ £8 for tickets and more information visit www.intobodmin.co.uk or ☎ 01208 72427</p>
<p>Sun 29th</p>	<p>Bodmin Car Boot PL31 2DQ. Priory car park. From 7.30am. Proceeds to Bodmin Youth Football Club.</p> <p>Bodmin Junior Parkrun PL31 2NE. Hillside Park Road, Scarlett's Well Road. For more information please call Sarah ☎ 07926 194643 or Colin on ☎ 07890 888850. www.parkrun.org.uk/bodmin.juniors/ please sign-up and print off your barcode for a free time result.</p> <p>Bodmin Jail Quiz Evening PL31 2NR. Held at the Jail at 8pm. Teams of no more than 6 people. £2 cash payment per person, required on the night, this will create quiz prize fund. If you'd like to enjoy a delicious curry for just £6.95, serving from 6pm. ☎01208 76292 or email events@bodminjail.org to book your meal.</p>
<p>Mon 30th</p>	<p>Guided Walks around Historic Lostwithiel PL22 0HA. Meet at Lostwithiel Community Centre at 11am, tour lasts for approx 1½ hours. £3.50. Weather permitting. Call ☎ 01208 873341 for more details.</p> <p>Stroll Back the Years PL30 3AN. Bishops Wood 10.15am start. Level 3. Free parking at Bishops Wood. Better approached via Nanstallon Grid Ref 013694. For more info ☎ 01208 73128.</p> <p>The Bodmin Way Free Guided Walks PL31 2DT. Starts from St Petroc's Church, Bodmin to St. Stephen's church, Nanstallon. A 4/5mile round trip with a stop at the tea garden. 1pm - 4pm. Weather permitting. Everyone welcome, including dogs on a lead. For more information contact infor@bodminway.org and visit our website www.bodminway.org</p> <p>Crochet & Knitting Friendship Group PL31 St Petroc's Parish Centre, Bodmin. 2pm – 4pm. A new group for anyone interested in meeting together to crochet/knit. There are many projects you can join in with. Beginners/intermediate or advanced everyone's welcome. For more info please email barbarabrittain212@gmail.com</p> <p>Lost in Film - Fisherman's Friends (12) PL22 0EQ. Church Rooms, Church Lane, Lostwithiel. Doors and bar open 7pm, film starts 8pm. Tickets £4 for adults, £2 for under 18's available online from www.lostwithiel.org.uk or from Watts Trading at Lostwithiel, or on the door if not already sold out.</p>

