

Cycle Hire

From Bodmin

Trail Munki Bike Shop, Hire and Repairs, Bodmin PL31
1EP 01208 892758 / 07473199178

From Wadebridge

Bridge Bike Hire PL27 7AL. 01208 813050

Open 7 days a week all year round.

Bike Smart PL27 7AL. 01208 814545

Open daily.

From Padstow

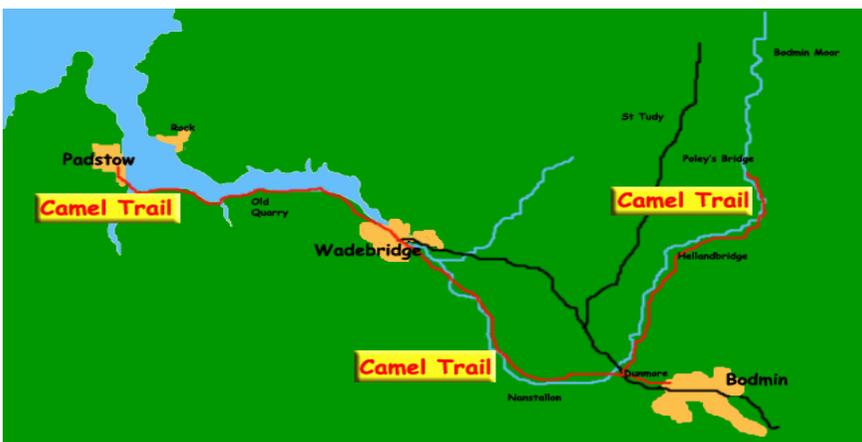
Trail Bike Hire PL28 8BL. 01841 532594

Open all year. 7 days a week.

From Wenfordbridge

Snails Pace Café and Bike Hire PL30 3PN.

01208 851178. Open mid March-mid Dec. 7 days a week.



This information has been compiled by Bodmin Visitor Information Centre, Tourism Award winners since 2002 Reviewed and updated March 2019. With compliments, Bodmin Information Centre 01208 76616.

ENJOY A CAR FREE DAY OUT IN BODMIN

Camel Trail - Cycle



Setting off from Bodmin, follow the signs to the Camel Trail. A free car park at Scarlett's Well is situated at the Bodmin end of the trail, where you may park all day.

Wenfordbridge

Follow the signs towards Wadebridge and continue until just before the Borough Arms. A right fork takes you towards Wenfordbridge. The route soon starts to head northwards along a lovely, quieter, part of the trail which culminates on the edge of Bodmin Moor.

About 3 miles after forking right you arrive at the picturesque hamlet of Hellandbridge. Continue along the trail through Shell Woods, a marvellous mixture of evergreen and deciduous woodland (a real picture during Bluebell season) and a great place to stop and have a picnic. Great spotted woodpeckers are regularly seen and heard along here, so keep your eyes and ears open!

Just over a mile later you pass the old clay dries at Poley's Bridge. Here china clay from Stannon Pit, on Bodmin Moor, was dried before being transported by rail all over the UK and also to ports at Fowey, Par and Charlestown on the South coast. The dries closed in the early 1990s due to the decline in the Cornish Clay industry.

Continue to the end of the trail at Wenfordbridge where you can call into Snail's Pace Café (mid March-mid December), a unique and quirky off-grid café built from a converted shipping container for a well earned cuppa and a bite to eat. Tel: 01208 851178.

Continue on for St Breward and the moor or turn back for Bodmin.

Alternatively, on reaching Tresarrett (just after Shell Wood), you can follow the quiet country road that crosses the trail to your right and head onto Blisland (approx 1 mile), one of the prettiest moorland villages. It has a large village green on the edge of which you will find The Blisland Inn, a proper pub that's won numerous CAMRA awards. Tel: 01208 850739. Open all day.

Wadebridge

After setting off from Bodmin you can continue along the trail to Wadebridge, a pretty town, with a variety of interesting shops, cafes & restaurants with a lovely open space along side the Camel estuary. There is a lovely choice of two parks for children to enjoy.

Padstow

Once you have arrived at Wadebridge, cycle through the town (watch out for pedestrians and traffic) and join the trail again (next to Bridge Bike Hire) and continue along the trail to Padstow. Where again a selection of quirky shops, cafes and restaurants welcome you. You could pop into the award winning National Lobster Hatchery before getting fish and chips and eating them on the cliff looking over towards Rock.