

## VISIT ONE OF THESE GREAT SPOTS

- \* Lanivet Sports & Recreation
- \* Lanivet Inn
- \* Lanivet Village Green & Park
- \* Nanstallon Village
- \* St Benets Abbey
- \* The Saints Way
- \* Lanivet Church
- \* Mulberry Pit
- \* Camel Valley Vineyard



## NANSTALLON

Nanstallon is situated on the banks of the picturesque River Camel. The river flows along the edge of the village, where wildlife is in abundance. Directly above the river is the Camel Trail, popular amongst walkers, cyclists and horse riders.

Take a pit stop and sample the award winning wines at the Camel Valley vineyard; or stop for a coffee and cake at the pretty tea gardens right beside the Camel Trail.

## HISTORY

Mulberry Pit lies south west of the village, it was an open cast mine and was a feature of the landscape in 1748, although records only date back to 1859. There is also a Roman Fort that overlooks the River Camel, it was excavated in the early 1870's by Aileen Fox & Professor W Ravenhill.



## YOU CAN GET MORE INFORMATION ABOUT LANIVET FROM:

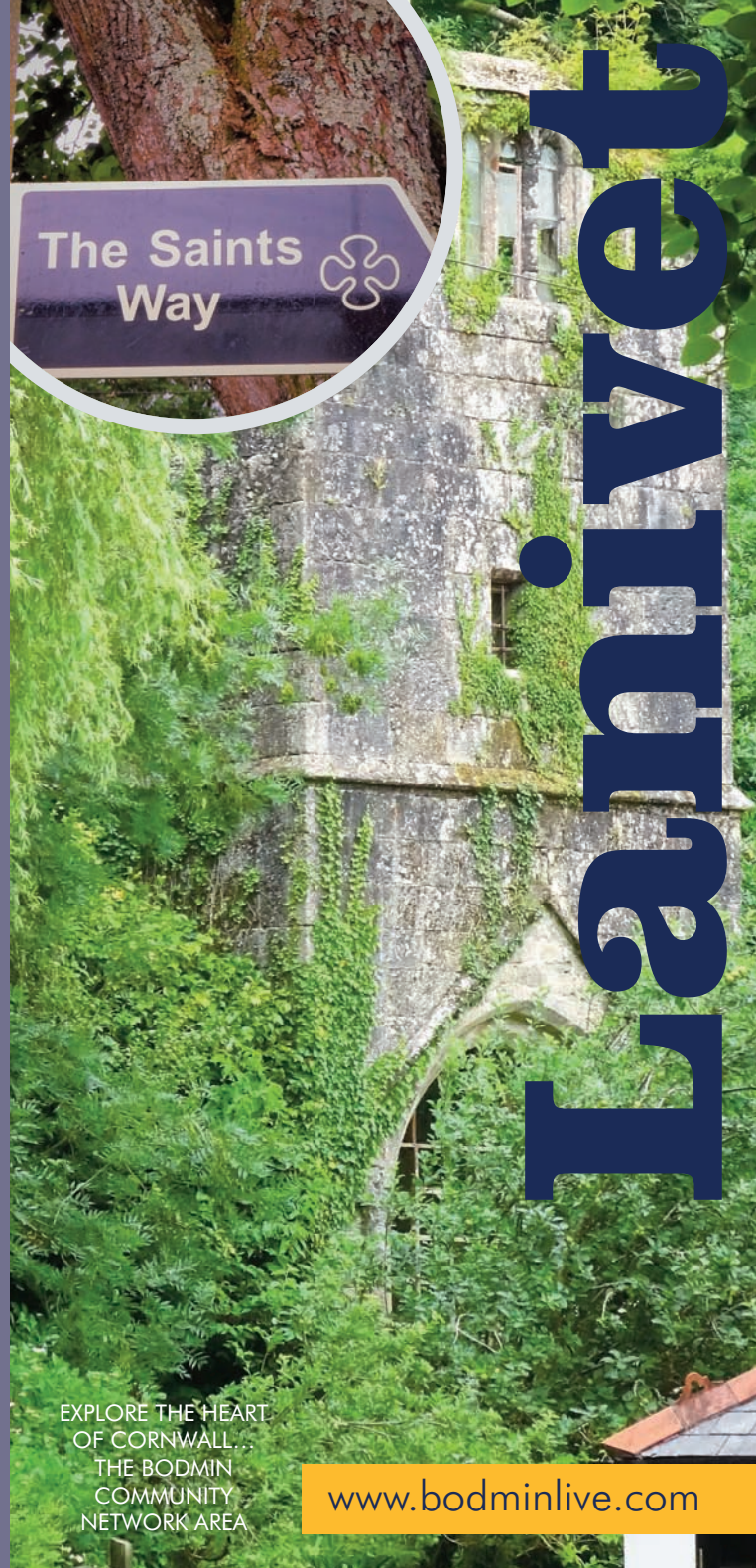
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# WELCOME TO LANIVET

Lanivet Parish is situated 2 1/2 miles from Bodmin and is geographically the centre of Cornwall. It consists of two villages Lanivet and Nanstallon and the hamlets of Bodwannick, Bokiddick, Lamorick, St Ingunger, Trebell, Tregullon, Tremore, Woodley and part of St Lawrence.

The Parish has three places of worship. Nanstallon Methodist Chapel, St Stephens Church and Lanivet Church, which is dedicated to St Nivet and dates back to the 15th Century. In the churchyard there are two ancient stone crosses and a further four within the Parish.

St Benet's Abbey is situated within the village of Lanivet, it was built in 1411 and is the half way point of the Saints way, which is a medieval route taken by pilgrims on their travels from Padstow to Fowey.

You may wonder what relevance a panda has to this small Cornish village; as you will see an image of a panda bear on the Lanivet Inn sign. This is because for many years bamboo was grown in the village to feed the pandas of London Zoo!



## HWITHREWGH PLUWNEVES – EXPLORE LANIVET

- 1 Fish and Chip Shop
- 2 Pub (Lanivet Inn)
- 3 Post Office
- 4 Camel Trail Tea Gardens
- 5 Camel Valley Vineyard
- 6 Waterside
- 7 Toilets, Car Parking and Children's Play Area



## SPORTS AND RECREATION

Lanivet sports and recreation trust is a community project that has created a purpose built venue for sports and all manner of events. The hall and its facilities are available to hire if you wish. Contact: 01208 832684

At the heart of the village is a lovely village green and children's play area; a perfect spot to have a kick about and picnic on a lovely sunny afternoon.

